



# Food Resources

## Community resources:

- **The Parish Cupboard**- 738 Main St. W. Springfield - Open Monday- Friday  
Dining room open for meals- 11-12:15pm -- Food Pantry open- 9-11am
- **Bethany Assembly of God Church**- 580 Main St. Agawam  
Food pantry open Monday and Friday 12:30-2pm
- **Westfield Food Pantry**- 101 Meadow St Westfield  
Monday – Thursday 10-12pm and Friday 5-6pm
- **Agawam Senior Center**  
Brown Bag Program for Seniors 60+ with food insecurity  
Provides a monthly bag of health groceries to eligible seniors  
Contact Lori Arsenault @ 726-2846

## Additional resources:

- Project Bread's Food Source Hotline: 1-800-645-8333
- Call Mass 2-1-1
- <https://www.mass.gov/how-to/find-a-local-food-bank>
- Mutual Aid Networks
- Buy Nothing groups on Facebook are organizing for food share. Check your local Buy Nothing group